

Cancellation Policy:

Minimum three [3] business days written notice is required to withdraw before the start of Camp Week. If written notice is submitted less than three days prior, the refund will be subject to the GO fee and \$20.00 processing fee. Sorry there shall be NO REFUNDS if minimum requirements are not met. All refunds / credits are subject to a \$20.00



A Day of Gymnastics Camp will include:

Tumbling
Foam Pit
Balance Beam
Bars
Vault
Tumble Track
Ropes and Rings
Games & Crafts



Daily March Camp



Northern Stars Gymnastics Inc.

27 Hooper Rd, Unit 9 Barrie, ON L4N 9S3
www.northernstargymnastics.com

Full Day: 9am - 4pm
Half Day 9am - 12pm

pre-care 8-9am, post-care 4-5pm

Join us for Gymnastics!



The March Break camp is an excellent means for children to gain the benefits of an activity – filled day while learning gymnastics skills and having fun. Everyone is welcome to attend for a half day, full day, or the whole week. Two to four hours each day are spent in the gym learning and practicing gymnastics, while the remainder of the day includes a wide variety of activities such as games, crafts, and more.



Daily Schedule (sample)

8:50-9:00 Arrival
9:00-9:20 Welcome/Warm up
9:20-10:00 Gymnastics
10:00-10:20 Snack break
10:20-11:00 Crafts activities
11:00-12:00 Gymnastics
12:00-1:00 Lunch/Outdoor
1:00-2:00 Gymnastics
2:00-2:20 Snack break
2:20-3:00 Crafts activities
3:00-4:00 Gymnastics

*8:00-9:00 pre care
*4:00-5:00 Post Care

What to Wear:

Gym attire for girls is a gym suit or shorts and t-shirt, NO tutus or skirts, bare feet and hair tied back. Please bring extra elastic for hair. T-shirt and shorts for boys, no jeans. You may pack a change of clothing (...just in case)

What to Bring:

Children are to bring their own PEANUT FREE lunches and nutritional snacks each day.
For Half Day Camp: each child will require a snack and beverage daily.
Full Day Camp: bring 2 snacks, a nutritious lunch, and enough beverages for the whole day.
Remember to label all your belongings, including lunch containers and clothing.

You may register ONLINE at any time after registration opens. Dates are posted on our website @ www.northernstargymnastics.com.

Or come in person during regular office hours. Please register early to avoid disappointment. If you have questions please e-mail us info@northernstargymnastics.com