

SUMMER CAMP'17



Our gym is fully air conditioned!

Weekly Summer Camp for ages 4+y.o.
Full Day : 9am-4pm \$220.00+HST
Half Day : 9am-12pm \$145.00 +HST
Pre/post care available 8-9am & 4-5pm
\$8.00+HST per hour

Contact us:

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(705) 719-6461

www.northernstargymnastics.com

info@northernstargymnastics.com

Send the kids to the gym this summer for some gymnastics, games, and really cool crafts in our fully Air Conditioned gym. Northern Stars Gymnastics Camp is especially designed for boys and girls ages 4-11 with age specific programs and activities with engaging weekly themes.

The kids and parents were raving last summer about our fantastic crafts! You too may register at the gym office in person during office hours, or use our Online Registration, for our Summer Day Camps being offered by the week.

All gymnasts and campers require \$43.00 an annual membership with Gymnastics Ontario (valid through July 1- June 30 following year). Please note our camp is booked most of the weeks so register in time to avoid disappointment.

2017

Summer GYMNASTICS CAMP





SUMMER FUN AT NORTHERN STARS

Week 1: July 3-7
Week 2: July 10-14
Week 3: July 17-21
Week 4: July 24-28
Week 5: Jul 31- Aug 4
Week 6: August 8-11 (4days)
Week 7: August 14-18
Week 8: August 21-25



What to Wear:

Gym attire for girls is a gym suit or shorts and t-shirt, NO tutus or skirt, bare feet and hair tied back. For boys t-shirt and shorts, no jeans. A change of clothing (...just in case) All campers should bring running shoes, sunscreen, hat, towel and bathing suit for outdoor activities. Campers will go outside if weather permitting.

NSG club will be closed on August Civic Holiday!



Here is what a typical day of full/half day looks like

8:50-9:00 Arrival

9:00-9:20 welcome and warm up

9:20-10:00 Gymnastics

10:00-10:20 Snack break

10:20-11:00 Crafts activities

11:00-12:00 Gymnastics

12:00-1:00 Lunch and Outdoor

1:00-2:00 Gymnastics

2:00-2:20 Snack break

2:20-3:00 Crafts activities

3:00-4:00 Gymnastics

8:00-9:00 pre care & 4:00-5:00 post care



What to Bring:

Children are to bring their own PEANUT FREE lunches and nutritional snacks each day. For Half Day Camp: each child will require a snack and beverage daily, plus a hat, sunscreen, and tie for hair.

Full Day Camp: bring 2 snacks, a nutritious lunch, and enough beverages for the whole day plus hat, sunscreen, and tie for hair. Remember to label all your belongings, including lunch

Cancellation Policy:

Minimum three [3] business days written notice is required to withdraw before the start of Camp Week. If written notice is submitted less than three days prior, the refund will be subject to the GO fee and \$20.00 processing fee. Sorry there shall be NO REFUNDS after the 1st day of weekly camp. All refunds / credits are subject to a \$20.00 processing fee.